

REGISTRATION FORM

Please register by February 14, 2024

Please make checks payable to Diabetes Foundation of Mississippi

Phone: 601.957.7878
Fax: 601.957.9555
E-mail: msdiabetes@msdiabetes.org
Web: www.msdiabetes.org

Name: _____ City/State/Zip: _____
Address: _____
Telephone Work/Home: _____ Fax: _____ E-mail: _____
Other: _____

If you require special accommodations, please describe your needs.

**Early Bird Special
(Before 2/1/2024)**

☐ \$90.00 for Physicians
☐ \$65.00 for Non-Physicians
☐ \$20.00 for Students

Please charge my ☐ Visa ☐ MasterCard ☐ AmEx:

☐ Early Bird Special (before 2/1/2024) ☐ \$90.00 for Physicians ☐ \$75.00 for Non-Physicians ☐ \$20.00 for Students
☐ Regular Price (after 2/1/2023) ☐ \$125.00 for Physicians ☐ \$75.00 for non-Physicians ☐ \$25.00 for Students

**Regular Price:
(2/1/2024 to 2/16/2024)**

☐ \$125.00 for Physicians
☐ \$75.00 for non-Physicians
☐ \$25.00 for Students

Expiration Date

Card Number

Mail To: Diabetes Foundation of Mississippi
800 Avery Boulevard, Suite 100
Ridgeland, Mississippi 39157-5225

Name of Cardholder on Card

Security Code

Authorized Signature



Diabetes Foundation of Mississippi
800 Avery Boulevard, Suite 100
Ridgeland, MS 39157-5225
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REGISTRATION FEES

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☐ \$25.00 for Students

Registration fee includes handout materials, lunch and breaks. For additional information:

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CANCELLATION POLICY

If you register and cannot attend, your Registration Fee, less a \$25.00 handling fee, will be refunded if notification is received within seven (7) days of the program.

SPONSORS

The Diabetes Foundation of Mississippi appreciates the joint sponsorship of the Mississippi State Medical Association. We also appreciate the educational grant from Mississippi Baptist Medical Center.

ACCOMODATIONS

Registrants are responsible for lodging and meals, except for the luncheon and breaks during the meeting. Some of the lodging facilities available in the area include:

Hilton Jackson

1001 East County Line Road
Jackson, MS 39211
(601) 957-2800

Embassy Suites

200 Township Ave.
Ridgeland, MS
601-607-7112

Residence Inn by Marriott

855 Centre St.
Ridgeland MS
601-206-7755

Holiday Inn Express & Suites

645 Frontage Road
Ridgeland, MS
601-977-6111



Diabetes Foundation of Mississippi
800 Avery Boulevard, Suite 100
Ridgeland, Mississippi 39157-5225

FIRST CLASS
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41st Annual Professional Education Conference

MANAGING DIABETES IN THE 21ST CENTURY: DIABETES IN PREGNANCY, CHILDHOOD AND ADULTHOOD

FRIDAY, February 16, 2024
Country Club of Jackson
345 St. Andrews Drive
Jackson, Mississippi

Jointly Provided By:



PROGRAM DESCRIPTION/PURPOSE

This CEU symposium is designed to provide physicians, nurse practitioners, pharmacists, nurses, dietitians and other health care professionals with a greater understanding of quality care, diabetes prevention strategies, current topics in diabetes management and the latest recommendations for medical nutrition therapy. Our target audience includes endocrinologists, nurses, nurse practitioners, primary care physicians, pharmacists, pediatricians, certified diabetes educators and dietitians.

PROGRAM AGENDA	
7:15 – 8:00 a.m.	Registration/Visit Exhibits
8:00 – 8:05 a.m.	Welcome and Overview of Program Dr. Naznin Dixit, Chair, Division of Pediatric Endocrinology, Children's of Mississippi Hospital - Moderator
8:05 – 9:05 a.m.	Improving Outcomes for Mother and Child: Achieving Optimal Glycemic Control during Pregnancy <i>Dr. Sarah R. Novotny, Director, Division of Maternal Fetal Medicine, School of Medicine, University of Mississippi Medical Center, Jackson, MS</i>
9:15 – 10:15 a.m.	How Close are We to Preventing Type 1 Diabetes? <i>Dr. William E. Russell, Director, Division of Pediatric Endocrinology and Diabetes, PI, Type 1 Diabetes TrialNet Clinical Center; Vanderbilt</i>
10:15 – 10:45 a.m.	Break/Visit Exhibits
10:45 – 11:45 a.m.	Managing Diabetes in the Pediatric Population: Type 1, Type 2 and MODY- <i>Stephen W. Ponder, MD, CDE, FAAP, Pediatric Endocrinologist, Baylor, Scott & White Clinic Healthcare, Temple, TX</i>
12:00 – 12:55 p.m.	Lunch and Introduction of Lunch Speaker Diabetes-Lessons Learned during the Recent COVID-19 Pandemic – Victor D. Sutton, PhD, MPPA, Chief of Community Health and Clinical Services, MS State Department of Health
12:55 – 1:00 p.m.	Introductions of Afternoon Speakers Warren A. Jones, MD, FAAFP - Moderator
1:00– 2:00 p.m.	The Art of Individualizing Therapy for Type 2 Diabetes- <i>Dr. Ben W. Seale, Jr., Diabetes & Endocrine Center of Mississippi (DECM)</i>
2:15 – 3:15 p.m.	Diabetes in the 21st Century – Utilizing Advanced Insulin Delivery Systems and CGMs to Optimize Patient Care <i>Autumn D. Myhand, RD, CDES, Vigilant Health Care/Diabetes Care Group</i>
3:15 – 3:30 p.m.	Summary and Evaluations

COURSE OBJECTIVES

Managing Diabetes in the 21st Century: Diabetes in Pregnancy, Childhood and Adulthood

- Outline pathophysiology, diagnosis & complications of diabetes in pregnancy.
- Discuss risk factors in gestational diabetes & benefits of tight glycemic control to improve outcomes.
- Detail preconception & pregnancy management in pre-existing diabetes.
- Outline clinical presentation, initial workup and medical management for a child with suspected diabetes.
- Describe clinical clues to differentiate between type 1/type 2 diabetes and MODY in children and teens.
- Detail considerations for sick day care.
- Discuss insulin formulations/delivery systems and benefits of insulin pump therapy over multiple daily injections.
- Describe how insulin pumps and continuous glucose sensors work and factors to consider for pump candidate selection.
- Discuss safety and efficacy of available and emerging therapies for T2D with and without complicated presentations (e.g. kidney impairment or elderly patients).
- Develop strategies for individualization of therapy and management of adverse events
- Discuss the impact of the COVID-19 pandemic on new diagnosis of diabetes in Mississippi, the US and globally.
- Discuss ways coronavirus might trigger type 1 or type 2 diabetes.
- State effects of COVID-19 on patients with pre-existing type 2 diabetes.
- State who should be tested based on age and kinship to child with type 1 diabetes.
- Increase knowledge of risk factors and stages of type 1 diabetes.
- Discuss latest clinical research into preventing or delaying type 1 diabetes

FACULTY

This program is intended for clinicians with an interest in diabetes. Faculty are world-renowned experts in the field and will provide a unique opportunity for exchange and collaboration with colleagues.

- Autumn Myhand, RD, CDES** – Autumn Douglas is a registered dietitian and certified diabetes educator. She is the Project Director at Vigilant Heath/ Diabetes Care Group in Flowood where she is responsible for preparing and training patients to be successful with insulin pump therapy. Douglas received her BS degree in dietetics from Nicholls State University in 1999 and has been a Certified Diabetes Educator since 2003.
- Sarah R. Novotny, MD** – Dr. Novotny is a Professor in the School of Medicine, and Division Director for Maternal Fetal Medicine at the University of Mississippi Medical Center. Dr. Novotny is board certified in OB/GYN and Maternal Fetal Medicine and has been in practice since completing fellowship in 2012. She is passionate about treating both pre-existing and gestational diabetes in pregnancy.
- Stephen W. Ponder, MD, FAAP, CDCES**–Dr. Ponder is a pediatric endocrinologist from Temple, Texas and is a member of the Division of Pediatric Endocrinology at Scott & White Healthcare. He has lived with type 1 diabetes for 58 years and will discuss diabetes in the pediatric population-diagnosing and differentiating between type 1 and type 2 diabetes in children and teens, treatment algorithms for type 1 and type 2 diabetes, use of continuous glucose monitoring systems (CGMS) and insulin pump therapy as well as transitioning from adolescent to adult diabetes care.
- William E. Russell, MD** – Dr. Russell is the Director of the Division of Pediatric Endocrinology and Diabetes, Vanderbilt University Medical Center, Nashville, TN. He is also the Principal Investigator of the Type 1 Diabetes TrialNet Clinical Center at Vanderbilt. He is a graduate of the University of Michigan and Harvard Medical School. He completed his residency and fellowship at Massachusetts General in Boston. Before coming to Vanderbilt University he was on the faculty of Harvard Medical School.
- Ben W. Seale Jr., MD** – Dr. Seale is an endocrinologist at the Diabetes and Endocrine Center of Mississippi. He graduated from The University of Mississippi School of Medicine in Jackson as well as completing his residency and fellowship at UMMC. Additionally, Seale is a member of numerous professional societies which include the American Association of Clinical Endocrinologists, the American Medical Association and the Mississippi State Medical Association.
- Victor D. Sutton, PhD, MPPA**–Dr. Sutton currently oversees MSDH's Office of Preventive Health and Health Equity, Office of Health Services, Office of Field Services, and the Jackson Heart Study Community Engagement Center, after having served as the director of the Office of Preventive Health and Health Equity for many years. Dr. Sutton's career in public health extends over a decade in professional roles with the Mississippi Department of Human Services' Office of Children and Youth, the New York Department of Labor, and non-profit organizations, including the Community Organization for Health Awareness (COHA). As Director of COHA, Dr. Sutton developed a mentoring network that addressed health and education among at-risk youth in the juvenile system.
- Moderators**
 - Morning: Naznin Dixit, MD** – Dr. Dixit is a pediatric endocrinologist in Jackson and is affiliated with the University of Mississippi Medical Center. She received her medical degree from Seth G.S. Medical College and has been in practice for more than 25 years.
 - Afternoon: Warren A Jones, MD, FAAFP** – Dr. Jones is a Family Physician is the Chief Health Officer for the Jones Group of Mississippi. He has served the Chief Health Officer at Hampton University in Hampton, VA where he also served as the founding Director of the Center for Caribbean Health Research and as the Contact Principal Investigator for the Minority Men's Health Initiative. He was the NIH Endowed Chair in Health Disparities Research at Dillard University in New Orleans, LA. He was the founding Executive Director of the Mississippi Institute for Improvement of Geographic Minority Health at the University of Mississippi Medical Center (UMMC) in Jackson, MS. He is a UMMC Professor Emeritus is currently on the Board of Curators for the Center for the History of Family Medicine and is President of the Diabetes Foundation of Mississippi.

CONTINUING EDUCATION CREDIT

Approval of the continuing education activity does not imply endorsement by the provider, ANCC, MSMA or MS-AND of any commercial products displayed in conjunction with this activity.

NURSES:

Application for nursing continuing education credit has been filed with the Mississippi Nurses Foundation, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. [Upon approval, this continuing education activity is estimated for 6.00 contact hours.](#)

PHYSICIANS:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the MS State Medical Association and the Diabetes Foundation of Mississippi. MSMA is accredited by the ACCME to provide continuing medical education for physicians. The MSMA designates this live activity for a maximum of 6 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

DIETITIANS:

Continuing Education Credits have been requested for dietitians. [Upon approval, this program is an estimated 6 Level 2 Continuing Professional Education Units \(CPEUs\) by the Mississippi Dietetic Association.](#)

PHARMACISTS

Application for pharmacy continuing education credit has been filed with the Mississippi State Board of Pharmacy. [Upon approval, this continuing education activity is an estimated 5.0 clock hours of pharmacy continuing education credit.](#)

LOCATION

Country Club of Jackson
345 St Andrews Drive
Jackson, Mississippi 39211

(601) 956-1411

