

## REGISTRATION FORM

Please mail form and payment before March 20, 2026  
Make checks payable to the Diabetes Foundation of Mississippi

Register  
Online



Phone: 601-957-7878  
Fax: 601-957-9555  
Email: Hello@msdiabetes.org  
www.msdiabetes.org

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
Telephone Work/Home: \_\_\_\_\_ Fax: \_\_\_\_\_  
City/State/Zip: \_\_\_\_\_ E-mail: \_\_\_\_\_

If you require special accommodations, please describe your needs. \_\_\_\_\_

**Early Bird Special:**  
(Before 3/14/2026)

- ☐ \$90.00 for Physicians  
☐ \$65.00 for Non-Physicians  
☐ \$20.00 for Students

**Regular Price:**  
(3/14/26 to 3/25/26)

- ☐ \$125.00 for Physicians  
☐ \$75.00 for non-Physicians  
☐ \$25.00 for Students

Please charge my ☐ Visa ☐ MasterCard ☐ AmEx:

- ☐ **Early Bird Special (before 3/14/2026)** ☐ \$90.00 for Physicians ☐ \$65.00 for Non-Physicians ☐ \$20.00 for Students  
☐ **Regular Price (3/14/2026 to 3/25/26)** ☐ \$125.00 for Physicians ☐ \$75.00 for non-Physicians ☐ \$25.00 for Students

**Mail To: Diabetes Foundation of Mississippi**  
715 S. Pear Orchard Rd., Ste 210  
Ridgeland, MS 39157-4808

Expiration Date

Card Number

Name of Cardholder on Card

Security Code

Authorized Signature

## REGISTRATION FEES

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☐ \$75.00 for non-Physicians  
☐ \$25.00 for Students

Registration fee includes handout materials, lunch and breaks. For additional information:

Telephone: 601.957.7878  
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Email: hello@msdiabetes.org  
Website: www.msdiabetes.org

## CANCELLATION POLICY

If you register and cannot attend, your Registration Fee, less a \$25.00 Handling fee, will be refunded if Notification is received within seven (7) days of the program.

## SPONSORS

The Diabetes Foundation of Mississippi appreciates the joint sponsorship of the Mississippi State Medical Association.

## ACCOMODATIONS

Registrants are responsible for lodging and meals, except for the luncheon and breaks during the meeting. Some of the lodging facilities available in the area include:

**Courtyard by Marriott - Hattiesburg**  
119 Grand Dr., Hattiesburg, MS 39401 601-268-3050

**Hampton Inn Hattiesburg**  
120 Plaza Dr., Hattiesburg, MS 39402 601-268-0606

**Hilton Garden Inn Hattiesburg**  
133 Plaza Drive, Hattiesburg, MS 39402 601-261-3770

**Residence Inn - Hattiesburg**  
116 Grand Drive, Hattiesburg, MS 39401 601-264-9202



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Ridgeland, MS 39157-4808

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## 42nd Annual Professional Education Conference

# MANAGING DIABETES IN THE 21ST CENTURY: DIABETES IN PREGNANCY, CHILDHOOD AND ADULTHOOD

**Friday, March 27, 2026**  
**Institute for Primary Care**  
**William Carey University**  
**Hattiesburg, Mississippi**

*Jointly Provided By:*





PROGRAM DESCRIPTION/PURPOSE

This CME symposium is designed to provide physicians, nurse practitioners, pharmacists, nurses, dietitians, and other health care professionals with a greater understanding of quality care, diabetes prevention strategies, current topics in diabetes management and the latest recommendations for medical nutrition therapy. Our target audience includes endocrinologists, nurses, nurse practitioners, primary care physicians, pharmacists, pediatricians, certified diabetes educators, and dietitians.

PROGRAM AGENDA	
7:15 - 8:00	Registration/Visit Exhibits
8:00 - 8:05	Welcome and Overview of Program Robert C. Bateman, Jr., PhD, Moderator, Professor, School of Osteopathic Medicine, William Carey University
8:05 - 9:05	Diabetes in Pregnancy: The Same but Different Dr. Sarah R. Novotny, Professor & Chief, Division of Maternal-Fetal Medicine, School of Medicine, UMMC, Jackson, MS
9:15 -10:15	Preventing Type 1 Diabetes: The Future of T1D Disease Modifying Therapy Dr. William E. Russell, Director, Division of Pediatric Endocrinology and Diabetes, PI, Type 1 Diabetes TrialNet Clinical Center; Vanderbilt
10:15 -10:45	Break/Visit Exhibits
10:45 -11:45	Acute Care of the Child with Diabetes Matthew D. Stephen, MD, Pediatric Endocrinologist, Baylor, Scott & White Clinic, Round Rock, Texas
12:00 -12:55	Lunch & Introduction of Lunch Speaker Diabetes in the 21st Century – Utilizing Advanced Insulin Delivery Systems, and CGMs to Optimize Patient Care Autumn Myhand, RD, CDES, Diabetes Coordinator/Educator, Children’s Endocrinology & Diabetes, UMMC, Jackson, MS
12:55 -1:00	Introductions of Afternoon Speakers
1:00 - 2:00	The Art of Individualizing Therapy for Type 2 Diabetes Dr. Ben W. Seale, Jr., Diabetes & Endocrine Center of Mississippi (DECM)
2:15 – 3:15	Diabetes and Kidney Disease: The Pillars of Prevention Brian Rifkin, MD, Nephrology, Internal Medicine & Pediatrics, Hattiesburg Clinic, Hattiesburg, MS
3:15 – 3:30p.m.	Summary and Evaluations

COURSE OBJECTIVES

Managing Diabetes in the 21st Century: Diabetes in Pregnancy, Childhood and Adulthood

At the end of this presentation, the participant will be able to:

1. Review updated guidelines on the treatment of diabetes in pregnancy.
2. Discuss differences between care of diabetes during and outside of pregnancy.
3. Outline clinical presentation, initial workup and medical management for a child with suspected diabetes.
4. Familiarize learners with the three stages of type 1 diabetes progression
5. Describe how to identify individuals at risk for TD in order to develop safe and effective TD1 prevention strategies
6. Discuss the pipeline of exciting new prevention studies underway
7. Distinguish diabetic ketoacidosis (DKA from common illness
8. Discuss Strategies for “Sick-Day” Management for Youth with Diabetes
9. Provide Pearls for Management of common childhood illnesses in Children with Diabetes (CWD)
10. Identify AID devices currently available on the market
11. Utilize the CARES approach to understanding AID device features
12. Explain the DATAA approach to taking care of people with diabetes who are using technology
13. Access resources for AID product
14. Discuss safety and efficacy of available and emerging therapies for TD@ with and without complication presentations (i.e. kidney impairment or elderly patients).
15. Develop strategies for individualization of therapy management of adverse events
16. Learn about Kidney Function and the epidemic of chronic kidney disease
17. Learn about proteinuria/albuminuria and how it determines prognosis for heart and kidney disease
18. Discuss the four pillars of diabetic nephropathy (ACEi/ARB, nsMRA, GLP1, SGLT2i) and their side-effects and benefits in Type 1 and Type 2 diabetes

FACULTY

This program is intended for clinicians with an interest in diabetes. Faculties are world-renowned experts in the field and will provide a unique opportunity for exchange and collaboration with colleagues.

- Autumn Myhand, RD, LD, CDES/Certified AID Trainer – Autumn Douglas Myhand is a registered dietitian and certified diabetes educator. She is Diabetes Coordinator/Educator at UMMC Children’s Endocrinology and Diabetes. Myhand received her BS degree in dietetics from Nicholls State University in 1999 and has been a Certified Diabetes Care and Education Specialist since 2003.
- Sarah R. Novotny, MD – Dr. Novotny is Professor & Chief of Division of Maternal-Fetal Medicine, at the School of Medicine, Department of Ob/ GYN at UMMC. She graduated from University of Cincinnati College of Medicine in 2005 and has been in practice for 14 years. Novotny is board certified in OB/GYN and Maternal-Fetal Medicine.
- Brian S. Rifkin, MD – Brian S. Rifkin, MD, is a physician with Hattiesburg Clinic Nephrology and Hattiesburg Clinic Dialysis. Dr. Rifkin received his medical degree in 1998 from University of Medicine and Dentistry of New Jersey in Newark, N.J..
- William E. Russell, MD – Dr. Russell is the Director of the Division of Pediatric Endocrinology and Diabetes, Vanderbilt University Medical Center, Nashville, TN. He is also the Principal Investigator of the Type 1 Diabetes TrialNet Clinical Center at Vanderbilt. A graduate of the University of Michigan and Harvard Medical Schools, he completed his residency and fellowship at Massachusetts General in Boston. Before coming to Vanderbilt University, he was on the faculty of Harvard Medical School.
- Ben W. Seale Jr., MD: Dr. Seale is an endocrinologist at the Diabetes and Endocrine Center of Mississippi. He graduated from The University of Mississippi School of Medicine in Jackson as well as completing his residency and fellowship at UMMC. Seale is a member of numerous professional societies which include the American Association of Clinical Endocrinologists, the American Medical Association and the Mississippi State Medical Association.
- Matthew David Stephen, MD: Dr. Stephen graduated from the Texas A&M University System Health Science Center College of Medicine in 2003. He completed his residency at Baylor Scott & White Medical Center - Baylor College of Medicine and his fellowship in Pediatric Endocrinology at University of Texas Health Science Center at Houston. He works in Round Rock, TX and 1 other location and specializes in Pediatric Endocrinology and Pediatrics. Dr. Stephen is affiliated with McLane Children’s Hospital Scott And White Clinic. He is Board Certified by the American Board of Pediatrics (ABMS®), Certified in Pediatrics; and the American Board of Pediatrics (ABMS®) Certified in Pediatric Endocrinology

MODERATORS

- Morning: Robert C. Bateman, Jr., PhD, Professor of Preclinical Sciences, College of Osteopathic Medicine, William Carey University, Hattiesburg
- Afternoon: TBA

CONTINUING EDUCATION CREDIT

Approval of the continuing education activity does not imply endorsement by the provider, ANCC, MSMA or MS-AND of any commercial products displayed in conjunction with this activity.

**Nurses:**  
Application for nursing continuing education credit has been filed with the Mississippi Nurses Foundation, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.  
Upon approval, this continuing education activity is estimated for 5.00 contact hours.

**Physicians:**  
This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providers of the MS State Medical Association and the Diabetes Foundation of Mississippi. MSMA is accredited by the ACCME to provide continuing medical education for physicians. The MSMA designates this live activity for a maximum of 6 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Dietitians:**  
Continuing Education Credits have been requested for dietitians. Upon approval, this program is an estimated Level 2 Continuing Professional Education Units (CPEUs) by the Mississippi Dietetic Association.

**Pharmacists:**  
Continuing education activity has been approved by the Mississippi State Board of Pharmacy for 5.0 clock hours of LIVE Pharmacist CE. Approval code is L012-003-025-002.

LOCATION

Institute for Primary Care  
William Carey University  
Hattiesburg, Mississippi  
601-318-6235

